IMPORTANT!

PLEASE READ BEFORE BEGINNING TREATMENT



ENSURE YOUR BEST RESULTS!Get the NuFACE App* at myNuFACE.com/app

Congratulations on your NuFACE purchase! Follow these simple steps for maximum results

- Read enclosed User Manual.
- ✓ Charge device for 12 hours (NuFACE Trinity®) or 16 hours (NuFACE mini).
- ✓ Create your own routine with the NuFACE App at <u>myNuFACE.com/app</u> or watch the "How to" video at myNuFACE.com/how-to.
- ✓ Take a "before" picture to measure results.
- ✓ Refer to User Manual for Frequently Asked Questions.

STEP 1: PREP



- Remove makeup and cleanse skin with an oil-free cleanser. Note: Oil-based products block penetration of microcurrent.
- 2. Apply NuFACE Gel Primer in a mask-like layer to one area at a time, beginning with the left cheek. Skin should appear wet, and you should feel **no sensation** from the device. Apply to the entire left cheek area.
- Push the ON/OFF button on your device and wait for the BEEP to begin Step 2: LIFT.

Note: The mini device will not operate while plugged in.







STEP 2: LIFT

- 1. Beginning on the left jawline, place spheres as shown on Position 1.
- 2. When BEEP sounds, glide from Position 1 to lower ear.
- When BEEP sounds, move to Position 2 and glide to mid-ear. When BEEP sounds, move to Position 3, and glide to upper ear.
- 4. Repeat each glide three times.
- 5. Move to left forehead, and apply NuFACE Gel Primer from the eyebrow to the hairline.
- Place spheres as shown on Position 1, when BEEP sounds, glide to hairline. When BEEP sounds, move to Position 2 and glide to hairline. When BEEP sounds, move to Position 3 and glide to hairline.
- 7. Repeat each glide three times.

STEP 3: FINISH

- Compare the treated side of the face to the untreated side, and look for improvement in the BROW, CHEEKBONE and JAWLINE areas. Note: Some users see instant improvement while others will see results within 60 days.
- 2. Repeat PREP and LIFT steps on right side of face.
- 3. After treatment is complete, massage remaining NuFACE Gel Primer into the skin.

RECOMMENDED USE

For best results, perform the Basic Treatment (above) at least 5 days per week for 60 days. To maintain results, 2-3 days per week.